

September Lunch Menu 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| DAILY MILK CHOICES 1% WHITE NON FAT CHOCOLATE | CEREAL WITH REDUCED SUGAR AND WHOLE GRAIN CRACKER OFFERED DAILY FOR BREAKFAST | | 1) Crumb Cake Applesauce Cup Juice | 2) Breakfast Bagel Sandwich Grapes Juice |
| Salad Bar 4th- 8th Daily K-3 Fridays | | | Seashell Casserole Roll Corn Pears | Pizza Red Bell Peppers Broccoli Apple |
|  | 6) Muffins Apple Juice | 7) Mini Bagels w/ Cream Cheese Grapes Juice | 8) Pancake & Sausage on a Stick Oranges Juice | 9) Butter Milk Bar Banana Juice |
| | Chimichangas Rice Mixed Fruit Mixed Vegetables | Hamburgers French Fries Carrots Oranges | Spaghetti Roll Corn Pears | Pizza Red Bell Peppers Broccoli Apple |
| 12) Breakfast Pizza Pineapple Juice | 13) Yogurt Parfait w/ Granola and Fruit Juice | 14) Apple Frudal Oranges Juice | 15) Breakfast Sandwich on an English Muffin Peaches Juice | 16) Pancakes Strawberries Juice |
| Corn Dogs Tater Tots Carrots Oranges | Chicken Soft Tacos Beans/Rice Mixed Fruit Mixed Vegetables | Grilled Cheese Sandwich Chips Carrots Apples | Chicken Teriyaki Rice Broccoli Carrots Pineapple | Hot Dogs Tater Tots Red Bell Peppers Watermelon |
| 19) Scones Banana Juice | 20) Hashbrowns Toast Sausage Juice | 21) Ham and Cheese Bagel Tater Tots Juice | 22) Waffles Peaches Juice | 23) Breakfast Burritos Pears Juice |
| Beef Nachos Celery Cucumber Slices Oranges | Orange Chicken Rice Steamed Broccoli Steamed Carrots Pineapple | Turkey Sandwich Chips Carrots Apple | Macaroni and Cheese Biscuit Green Beans Peaches | Pizza Red Bell Peppers Broccoli Apple |
| 26) Cinnamon Bun Banana Juice | 27) Turtles and Toast Apple Juice | 28) Brown Sugar Crumb Cake Applesauce Juice | 29) French Toast Sticks Peaches Juice | 30) Biscuits & Gravy Strawberries Juice |
| Chicken Nuggets French Fries Carrots Oranges | Chimichanga Rice Mixed Vegetable Mixed Fruit | Pulled Pork Sandwich Chips Apples Broccoli | Beef Stroganoff Roll Green Beans Pears | Pizza Red Bell Peppers Broccoli Apple |

