


# AUGUST/ SEPT SUPPER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>DAILY MILK CHOICES</u></b></p> <p><b>1% WHITE NON FAT CHOCOLATE</b></p>		<p><b>17)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>18)</b> MUFFINS WG (3oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>19)</b> PB&amp;J (2.6 oz.) YOGURT (4oz) CHEESE CUBES (1oz) JUICE (4oz)</p>
<p><b>22)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>23)</b> NACHOS WG (2oz) NACHO CHEESE (1oz) SUN FLOWER SEEDS(1oz) CHS. CUBES (1oz.) APPLE (1/2 Cup)</p>	<p><b>24)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>25)</b> BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)</p>	<p><b>26)</b> BENEFIT BAR WG (2.6 oz.) YOGURT (4oz) TRAIL MIX (1oz) JUICE (4oz)</p>
<p><b>29)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>30)</b> PRETZELS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)</p>	<p><b>31)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>1)</b> BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)</p>	<p><b>2)</b> PB&amp;J (2.6 oz.) YOGURT (4oz) CHEESE CUBES (1oz) JUICE (4oz)</p>
<p><b>5)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>6)</b> NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)</p>	<p><b>7)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>8)</b> BROWN SUGAR CRUMB CAKE WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)</p>	<p><b>9)</b> BENEFIT BAR WG (2.6 oz.) YOGURT (4oz) TRAIL MIX (1oz) JUICE (4oz)</p>
<p><b>12)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>13)</b> PRETZELS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)</p>	<p><b>14)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>15)</b> BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)</p>	<p><b>16)</b> PB&amp;J (2.6 oz.) YOGURT (4oz) CHEESE CUBES (1oz) JUICE (4oz)</p>
<p><b>19)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>20)</b> NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)</p>	<p><b>21)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>22)</b> BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)</p>	<p><b>23)</b> BENEFIT BAR WG (2.6 oz.) YOGURT (4oz) CHEESE CUBES (1oz) JUICE (4oz)</p>
<p><b>26)</b> SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)</p>	<p><b>27)</b> PRETZELS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)</p>	<p><b>28)</b> MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)</p>	<p><b>29)</b> TURKEY SANDWICH WG (3oz) CRACKER WG (4oz) CHIPS (1oz) JUICE (1/2 Cup)</p>	<p><b>30)</b></p>
		<p><b>WEEKLY CHOICE OF VEGETABLE....CARROTS, BROCCOLI, CUCUMBER SLICES, SALAD W/BEANS, RED BELL PEPPER SLICES, CELERY AND CAULIFLOWER</b></p>		

