

October Lunch Menu 2022



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 3) Pancake and Sausage on a stick Peach Cup Juice | 4) Butter Milk Bar Oranges Juice | 5) Ham and Cheese Bagel Tater Tots Apple Juice | 6) Waffles Peaches Juice | 7) Breakfast Pizza Bananas Juice |
| Corn Dogs French Fries Carrots Oranges | Soft Tacos Pinto Beans or Rice Mixed Vegetables Mixed Fruit | Chicken Tenders Tater Tots Cucumber Slices Apple | Spaghetti Dinner Roll Corn Pears | Chicken Sandwich French Fries Red Bell Pepper Slices Oranges |
| 10) Mini Cinni's Oranges Juice | 11) Breakfast Sandwich on an Croissant Banana Juice | 12) Yogurt Parfait w/ Granola Grapes Juice | 13) Hash Browns Sausage Toast Kiwi Juice | 14) Cinnamon Toast Yogurt Apple Juice |
| Nachos Celery w/ P butter Cauliflower Apple | Burritos Rice Mixed Vegetables Mixed Fruit | Hamburgers French Fries Carrots Oranges | Chicken Teriyaki Rice Steamed Broccoli and Carrots Pineapple | Pizza French Bread Red Bell Peppers Broccoli Oranges |
| 17) Biscuit and Sausage Oranges Juice | 18) French Toast Sticks Peach Cup Juice | 19) Scones Kiwi Juice | 20) Bagels Apple Juice | 21) Churro Banana Juice |
| Grilled Cheese Sandwich Chips Broccoli Celery Apple | Hard Tacos Pinto Beans or Rice Mixed Vegetables Mixed Fruit | Popcorn Chicken Mashed Potatoes Corn Peaches | Seashell Casserole Dinner Roll Corn Pears | Pizza Big Daddy's Red Bell Peppers Cucumber Slices Oranges |
| 24) Pancakes Peach Cup Juice | 25) Breakfast Sandwich on an English Muffin Banana Juice | 26) Brown Sugar Crumb Cake Peach Cup Juice | 27) Biscuit & Sausage Apple Juice | 28) Turtles and Toast Oranges Juice |
| Chicken Nuggets French Fries Carrots Oranges | Chimichangas Rice Mixed Vegetables Mixed Fruit | Nachos Celery w/ P butter Cauliflower Apple | Orange Chicken Rice Steamed Vegetables Pineapple | Pizza Red Bell Peppers Broccoli Oranges |
| 31) Muffins Grapes Juice | DAILY MILK CHOICES 1% WHITE NON FAT CHOCOLATE | | | <i>Salad bar 4th - 8th Daily K-3 Fridays</i> |
| Hot Dogs Tater Tots Carrots Oranges Dirt Pudding and Worms | | | | |

