



# November Supper Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2)</b> SUN CHIPS WG (1.5oz) CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)	<b>3)</b> NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	<b>4)</b> BAGEL WG (3oz) YOGURT (4oz) CHEESE STICK (1oz)	<b>5)</b> ZUCCHINI BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	<b>6)</b> TURKEY SANDWICH ( Whole Sandwich) FRUIT CUP (1/2 Cup)
WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER
<b>9)</b> SUN CHIPS WG (1.5oz) CHEESE (1oz) YOGURT (4oz) JUICE 1/2 Cup)	<b>10)</b> PRETZELS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	 <b>VETERANS' DAY</b>  <b>NO SCHOOL</b>	<b>12)</b> BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	<b>13)</b> PB&J WG (2.6 oz) YOGURT (4oz) JUICE (4oz)
WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER		WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER
<b>16)</b> SUN CHIPS WG (1.5oz) CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)	<b>17)</b> NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	<b>18)</b> BAGEL WG (3oz) YOGURT (4oz) CHEESE STICK (1oz)	<b>19)</b> ZUCCHINI BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	<b>20)</b> PB&J WG (2.6 oz) YOGURT (4oz) FRUIT CUP (1/2cup)
WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER
				
<b>30)</b> SUN CHIPS WG (1.5oz) CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)	<b>DAILY MILK OPTIONS</b> <b>1% WHITE</b> <b>NON FAT CHOCOLATE</b>			
WHOLE GRAIN CRACKER	<a href="#">VEGETABLES OFFERED WITH SUPPER</a> <a href="#">CARROTS, CUCUMBER SLICES, CAULIFLOWER,</a> <a href="#">BROCCOLI &amp; CELERY</a>			

