



★ **DECEMBER Supper Menu 2020** ★

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>DAILY MILK CHOICES</u> 1% WHITE NON FAT CHOCOLATE	1) NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	2) BUTTER MILK BAR WG (3oz) YOGURT (4oz) TRAIL MIX(1oz) RAISINS (1/4 Cup)	3) ZUCCHINI BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	4) MUFFINS WG (3oz) YOGURT (4oz) STRING CHEESE(1oz) JUICE (1/2 Cup)
FRESH VEGETABLES OFFERED DAILY	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER 	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER
7) SUN CHIPS WG (1.5oz) STRING CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)	8) PRETZEL WG (2oz) CHEESE STICK(1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	9) BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	10) TURKEY SANDWICH (Whole Sandwich) FRUIT CUP (1/2 Cup)	11) PB&J WG (2.6 oz) YOGURT (4oz) JUICE (4oz)
WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER
14) SUN CHIPS WG (1.5oz) CHEESE (1oz) YOGURT (4oz) JUICE (1/2 Cup)	15) NACHOS WG (2oz) CHEESE (1oz) SUN FLOWER SEEDS(1oz) APPLE (1/2 Cup)	16) BANANA BREAD WG (3oz) YOGURT (4oz) SUN FLOWER SEEDS (1oz) JUICE (1/2 Cup)	17) TURKEY SANDWICH (Whole Sandwich) FRUIT CUP (1/2 Cup)	18) PB&J WG (2.6 oz) YOGURT (4oz) JUICE (4oz)
WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER	WHOLE GRAIN CRACKER 	WHOLE GRAIN CRACKER



